"Good Life Time" (GLT): Health, Income, and the Time to Enjoy Them

A New Framework and Index for Measuring Social Progress

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n.b. don't forget to look at (speaker's) notes view

Motivations

- longstanding concern re imbalance in profiles of economic indicators and social indicators
 - e.g. stock market, exchange rate daily news; CPI, GDP and unemployment rate (n.b. both) monthly news
- "If the economy is up, why is everybody down?"
 - Atlantic Monthly, mid 1990s, introducing Genuine Progress
 Indicator (GPI)
 - recent concerns re GDP per capita vs unemployment rates, median vs average income – construct validity?
 - highlighted by Sarkozy (Stiglitz, Sen et al.) Commission and OECD project on Measuring the Progress of Societies
- achieve for socio-economic statistics the kind of coherent framework that underlies GDP, the SNA

Basic Ideas

- develop a statistical framework + summary index for measuring social progress
- focus on three major life domains patterns of time use, money, and health status
- build on concepts underlying the most widely used health measure, life expectancy (LE) – plus the life table and its generalizations
 - marital status life tables in demography
 - working life tables in economics
 - health-adjusted life expectancy (HALE)

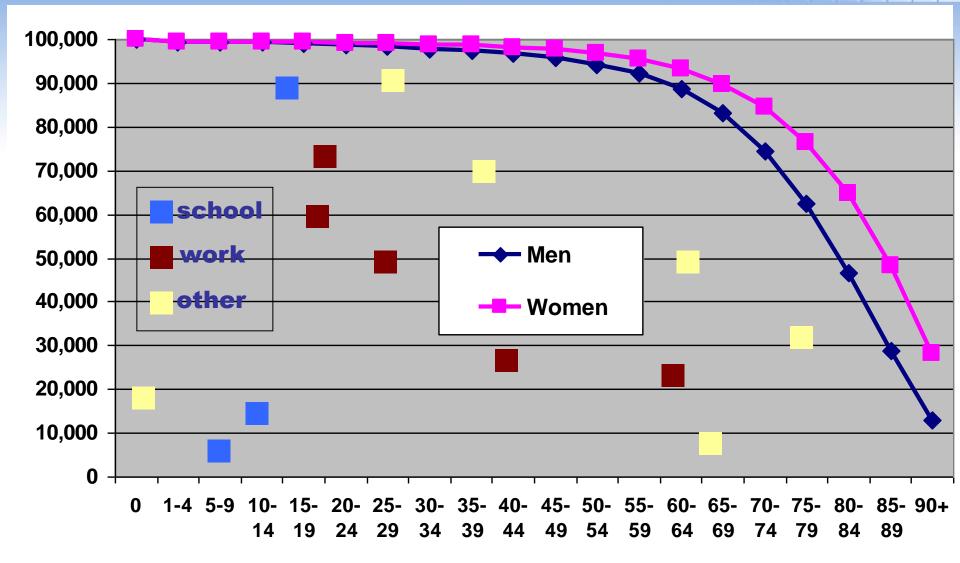
Plan of Presentation

- clarify basic population demography and related concepts to be used
- show how life expectancy (LE) can be generalized, based on Canadian data
- examine three core aspects of social activity time, money, health – one at a time
- then define GLT as the intersection: enough time
 + enough money + adequate health
- acknowledge intellectual foundations
- brief description of underlying methods / caveats

Basic (Very Abridged) Life Table

Age Group	Population	<u>Mortal</u>	ity Rate		Deaths
births	1,000 -				
0 - 19	980		> 2%	\rightarrow	<u> </u>
20 - 39	970		1%		10
40 - 59	922		-5%		49
60 - 79	783		15%		138
80 - 99	392		50%		392
100+	-		100%		392
	80,941	= total life years			
	80.9	= life expectancy			

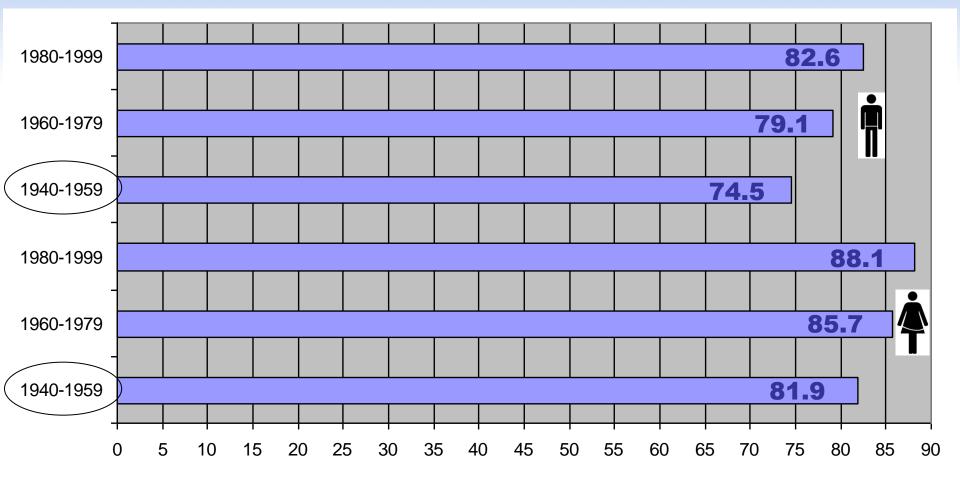
Survival Curves (Canada, 1998)



Working Life Table Results, Canada

	ave	average age at			number of		
	entry to				retire-		
	labour	retire-		working	ment		
Year	force	ment	death	years	years		
1921	16.5	63.7	67.6	47.2	3.9		
1931	17.0	64.0	68.4	47.0	4.4		
1941	17.2	64.1	69.1	46.9	5.0		
1951	17.5	63.9	70.4	46.4	6.5		
1961	18.2	64.0	71.2	45.8	7.2		
1971	19.8	63.3	71.3	43.5	8.0		

Life Expectancy by Sex for Three Birth Cohorts, Canada



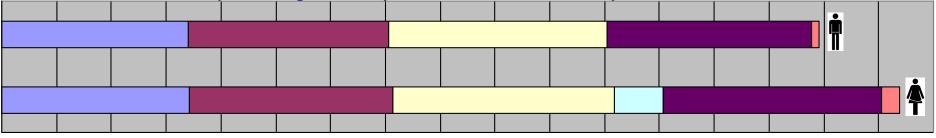
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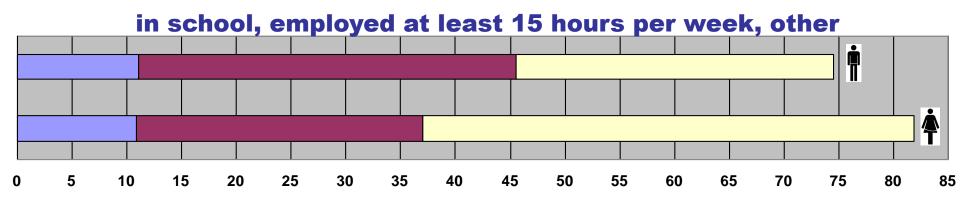
Life Expectancy by Main Activity and Demographic Status

(Canada, 1940 – 1959 birth cohort)

Sir Richard Stone's "Active" and "Passive Sequences" from UN proposed System of Social and Demographic Statistics

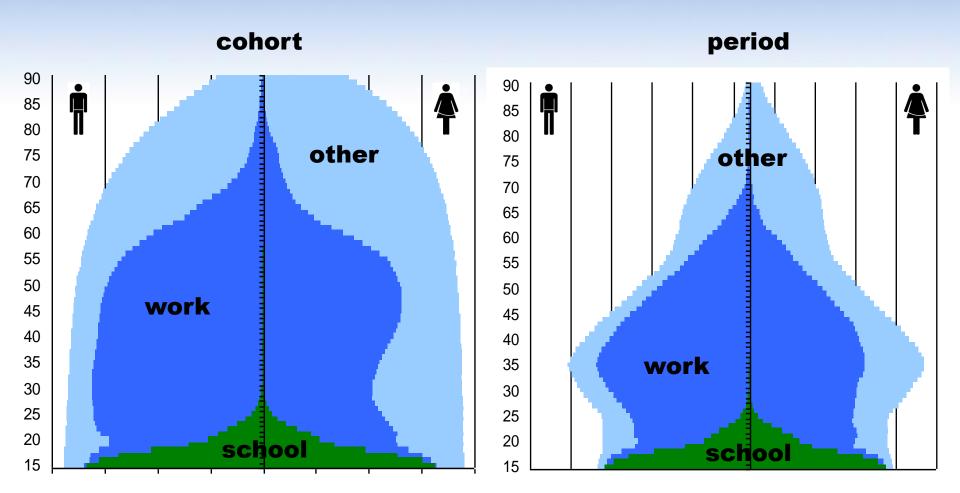
never married and age < 18, couple no kids, couple with kids, lone parent, other household, institution





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Main Activity – Period (1990s) and Cohort (1940-59) Views



Period (1990s) View – Main **Activity and Time Use Views**

time use

main activity Market Work Dark Blue 90 Non-Market Work Ī Ī 85 Volunteer Work Learning Light Blue 80 Red Active Leisure 75 other Passive Leisure Socializing 70 Sleep & Personal Care **Drange** 65 60 55 50 45 40 35 work 30 25 20 schoo 15

A Different way to Decompose Life Expectancy

- continue to use time (years) over the life cycle, and decompositions of LE, as the basic framework (i.e. time as measure for accounting)
- consider three distinct ways of decomposing how many <u>days</u> over a lifetime have adequate
 - time (minutes or hours per day)
 - money (income in dollars)
 - health (some health status metric)
- and finally, all three at once
- n.b. we really have four numeraires here

Time Domain

- key choices
 - which basic concept to use for "adequate time"
 - what cut-points
- use "leisure time" (minutes per day) = active leisure – e.g. physical activity + passive leisure – e.g. TV, movies + socializing – e.g. dining out
- cut-points: 3 or 6 hours per day
 - n.b. averaged over both weekdays and weekends
- based on time diary data from the General Social Survey

Digression – Leisure Is Not Always the Most Valued Use of Time

				Age Groups			
	<u>all*</u>	<u>males</u> fe	<u>emales</u>	<u>15-24</u>	<u>25-44</u>	<u>45-64</u>	<u>65+</u>
Cleaning	2.4	2.2	2.6	2.1	2.4	2.5	2.8
Groceries	2.7	2.5	2.8	2.6	2.6	2.6	2.9
Maintenance	2.9	3.3	2.5	2.6	2.9	3.0	3.1
Other Shopping	3.0	2.5	3.4	3.5	2.9	2.7	2.9
Communting	3.0	3.0	3.0	2.8	3.0	3.2	3.8
Clubs	3.1	3.0	3.1	3.4	3.1	2.9	3.0
Volunteering	3.3	3.0	3.5	3.1	3.2	3.4	3.5
Cooking	3.3	3.1	3.4	3.1	3.3	3.3	3.3
TV	3.3	3.3	3.2	3.4	3.2	3.1	3.6
Social Events	3.5	3.3	3.7	3.8	3.5	3.3	3.2
Movies / Plays	3.7	3.7	3.7	4.3	3.9	3.4	2.9
Paid Work	3.8	3.8	3.8	3.7	3.7	3.9	4.2
Dining Out	4.0	3.8	4.1	4.0	4.1	3.9	3.7
Supper at Home	4.0	4.1	4.0	3.8	4.1	4.1	4.1

* basis for sorting

five-point scale with 1 being "dislike a great deal" and 5 being "enjoy a great deal" 14 CSLS Ottawa December 2009

Money Domain

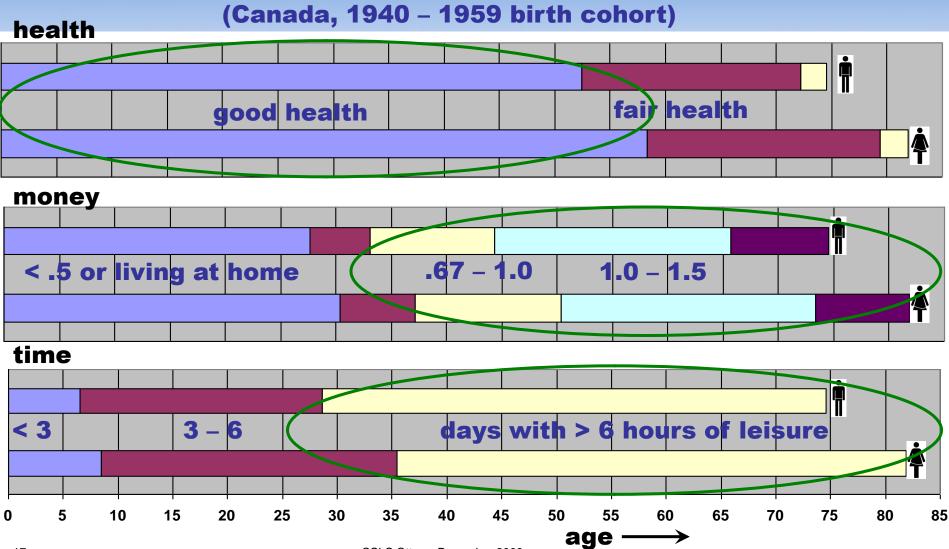
- key choices: income recipient unit, income concept, method for adjusting for family size, and income cutpoint
- income unit: nuclear (census) family
- income concept: disposable money income
- family size adjustment: Stat Can LIM
- cut-points: 50, 67, 100 and 150% of (adjusted) median family disposable income
 - n.b. usual "low income line" = 50% of median
- based on data from household income and labour force surveys, census, and tax returns

Health Domain



- key choices: definition of "health", and cut-point dividing adequate and inadequate
- using McMaster "Health Utility Index" (HUI)
- based on eight health (sub) domains: vision, hearing, communicating, mobility, dexterity, pain, affect, cognition
- rolled up (based on an empirical preference function) into a zero (0.0 = dead) to one (1.0 = full health) index for each person
- cut-points at 0.9 and 0.5
- data from National Population Health Survey

Life Expectancy by Leisure Time, Money, and Health



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GLT – Combining Adequate Time, Money and Health

e.g. in good health, but juggling a parttime job and caring for a sick relative only adequate money (M) e.g. rich, but in poor health, and totally time crunched

M & T not **M & H** enough T or M **All Three** or H, all at only T & M & H once enough time (T) only good H & T health (H) e.g. unemployed, in poor health, but lots of time on your hands

GLT – Combining Adequate Time, Money and Health

(Canada, 1940 – 1959 birth cohort, ages 25+)

estimated distribution of days over entire lifetime from age 25 for all combinations of TMH

t < 6 hours leisure / day
T > 6 hours leisure / day
m < 0.67 median income
M > 0.67 median income
h < 0.9 health index
H > 0.9 health index

	Females	Males
t m h	3.2	2.1
t M h	9.2	9.5
t m H	8.8	6.2
Tmh	5.2	4.1
t M H	30.4	27.3
ΤMh	10.4	13.1
TmH	9.7	9.5
ТМН	23.1	28.0

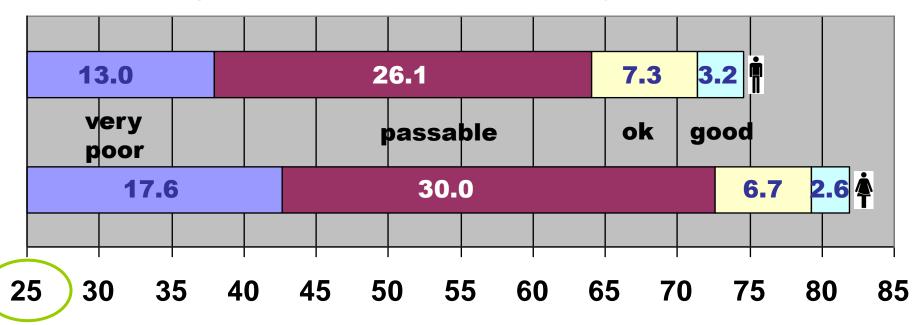
Sensitivity Analysis – GLT Using Different Cut-Points for TMH

- very poor: at least one domain is at the lowest level < 3 hours per week of leisure time, < half the median family income (adjusted for family size), and a health index < 0.5
- <u>passable</u>: 3 to 6 hours leisure time, at least two-thirds median income, and health index between 0.5 and 0.9
- <u>ok</u>: at least 6 hours leisure time, income above median, and health index > 0.9
- good: not only "ok", but also income above 1.5 median

(n.b. combinations actually more tricky than this)

GLT Estimate for 1940 – 1959 Birth Cohort, Canada

- for men in this cohort, of the almost 50 years life expectancy remaining at age 25, about 10.5 years are expected to be spent in "ok" or "good" GLT
- even though women have longer life expectancy, their "ok" or "good" GLT is less, about 9.3 years



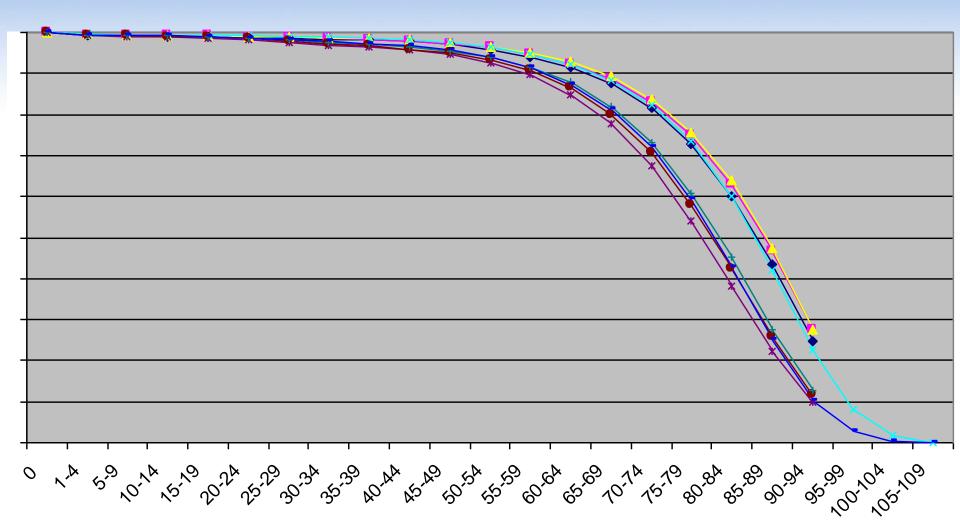
Underlying Methodology

- microsimulation modeling Statistics Canada's LifePaths model in this analysis
- weaves together data from many different sources (e.g. census, labour force and health and time use surveys, vital statistics)
- can be extended to do policy / "what if" simulations – e.g. childcare (T), public pensions (M), health promotion / care (H)
- resource intensive

Simpler Methodology Available

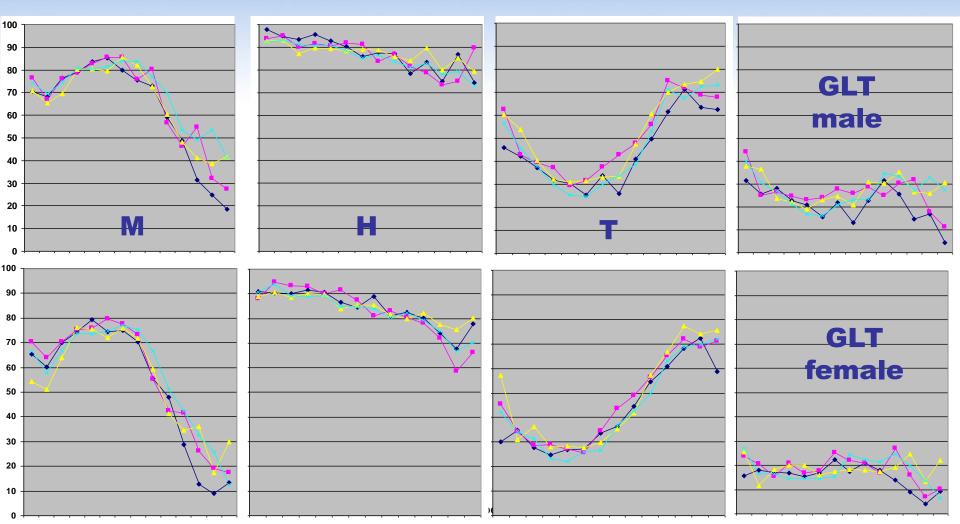
- use only cross-sectional data mortality rates, income / health status / leisure time (time use patterns) from population surveys
- start with conventional life table
- then layer on other characteristics (i.e. TMH ≡ time, money and health) using Sullivan method
 - joint distributions of TMH (by age and sex) can be constructed by synthetic matching if not all available on the same survey / microdata set
 - n.b. can only do period estimates properly
- could also do GLM = "good life month", and GLY = "good life year"

Period Survival Curves (1986, 1991, 1996, 2001)



Population (%) with "Adequate" Time (T), Money (M) and Health (H) by Age and Sex

(GSS: 1986, 1992, 1998, 2005)



Caveats / Possibilities

- Caveats "watching paint dry" / sampling variability
- Possibilities large annual time use survey (as in U.S.) + synthetic matching + LifePaths
- sensitivity to processes by frequency
 - monthly unemployment, seasonal work, patterns of taking holidays, flu season
 - decadal TV & movies → internet & computer games, declining fertility, later marriage, increasing female labour force participation, increasing educational attainment, childcare, elder care, urban transit, chronic disease trends, changing retirement ages
- differences across groups e.g. by education, city, fertility, occupation

Credits / Intellectual Foundations

- Sir Richard Stone's (1973) System of Social and Demographic Statistics (SSDS)
- Guy Orcutt (1971) dynamic microsimulation
- UN (1979, Kerstenetzky, Fellegi) integrated cross-sectional data bases via synthetic matching
- Richard Ruggles (1981) creation of synthetic longitudinal microdata from dynamic microsimulation
- Tom Juster (1981) time-based social accounts
- James Heckman et al. (1980s) (r)evolution in longitudinal data use and analysis
- Steve Gribble et al. (1990s) Statistics Canada's ModGen software and architecture, and LifePaths microsimulation model
- Peter Hicks intellectual and financial support

Concluding Comments

- we have demonstrated the construction of a salient summary measure for assessing the progress of societies – GLT
- this summary measure is at the apex of a coherent family of measures, based on a complete population life cycle framework → "drill down" capacity
- methodologies feasible for a broad range of countries
- can be used to assess a novel range of policy options
- next steps:
 - discuss / debate ideas in GLT framework
 - build up series of estimates of GLT and its components