

Estimates of the Good Life Time (GLT) in Canada using the GSS):

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Good Life Time (GLT) is a generalized concept from health adjusted life expectancy meant to assess and reflect social progress. A person is said to be in GLT if they have adequate amounts of health, income, and leisure. This study will define all three measures in a consistent manner using health, income, and time use data from the 1992, 1998, 2005, and 2010 General Social Survey. It will then present estimates of GLT for Canada, discuss time series trends, and analyze the influence of individual characteristics on GLT.